

DECLARATION BY THE SCHOLAR

I T. SATHEES KUMAR, part time Research Scholar of Doctor of Philosophy in Physical Education, in the Department of Physical Education hereby declare that the dissertation entitled “INFLUENCE OF ANAEROBIC INTERVAL TRAINING AND COMPLEX TRAINING ON THE SELECTED BIOMOTOR, PHYSIOLOGICAL AND PERFORMANCE VARIABLES AMONG HOCKEY PLAYERS” submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Physical Education is my original work and it has not previously formed the basis for the award of any degree, diploma, associate ship, fellowship or any other similar titles to any candidate of any university.

Station: Chennai

Date:

(T.SATHEES KUMAR)